



# Managing Carbon-Dioxide Risk: What you should know

A CO<sub>2</sub>-Logging Primer for Facility Managers and Building Engineers of Offices, Schools, Healthcare Facilities, and Residential Communities



Scientific and medical research correlates poor indoor-air quality (IAQ) and elevated carbon dioxide (CO<sub>2</sub>) levels to occupant discomfort and productivity loss in offices, schools, healthcare facilities, and dwellings [1-5].

 $CO_2$  is a trace pollutant that impairs cognitive and respiratory function. Sustained concentrations exceeding 600-700 parts per million (ppm) over outside levels are associated with inadequate ventilation and, thus, serve as a convenient proxy for overall indoor-air health [6].

The U.S. Environmental Protection Agency (EPA) identified IAQ as one of the top five most urgent environmental risks to public health [7]. Facility managers and building engineers are often responsible for ensuring optimal ventilation in work and living spaces, yet many are unfamiliar with the scientific rationale or methods to achieve such control. Wireless data loggers that measure CO<sub>2</sub>, together with temperature and humidity, provide critical real-time awareness—essential to enforcing high environmental standards for occupants.

With long-term CO<sub>2</sub> monitoring, building operators gain insights to support better decisions regarding ventilation control and HVAC upgrades—projects that can lead to significant energy savings and improved overall indoor-air quality. Comprehensive, location-specific CO<sub>2</sub> data in building environments also helps to focus HVAC improvements on the most effective and cost-efficient solutions.

Fortunately, battery-powered CO<sub>2</sub> data loggers easily measure indoor concentrations. These compact hand-held devices—roughly the same size and shape as a wall-mounted home thermostat—may reside anywhere throughout a building where CO<sub>2</sub> data is needed. Measurements typically range from 0–5,000 ppm. Today's newer options enable users to access data from mobile devices and quickly download data directly to a laptop, or from the cloud.

This primer explains risks of elevated  $CO_2$  with a global perspective, and how data logging can be a cost-effective indicator of degraded IAQ and sick-building syndrome (SBS). Practical measurement and logger-selection tips help facility managers and building engineers make informed deployments, including proper sensor calibration and placement in service.

## **Highlights**

- Tight-building standards increase risk of sick-building syndrome and poor occupant health
- Offices, schools, healthcare facilities, gyms, and dwellings frequently exceed healthy CO<sub>2</sub> levels
- Indoor CO<sub>2</sub> concentration over 1,000 ppm correlates to cognitive impairment and dysfunction
- · Global CO<sub>2</sub> exposure limits vary by country, some more stringent than US standards
- · Bluetooth, long battery life, LCD display with alarms, and USB options facilitate data collection
- · Automated CO<sub>2</sub> logger calibration and proper placement improve measurement accuracy

## High Indoor CO<sub>2</sub> Concentration Impairs Occupant Productivity and Well-being

The American Society of Heating, Refrigerating, and Air-Conditioning Engineers (ASHRAE) defines acceptable indoor-air quality as "air in which there are no known contaminants at harmful concentrations as determined by cognizant authorities and with which a substantial majority (80% or more) of the people exposed do not express dissatisfaction" [6].

A key marker of indoor-air quality is carbon dioxide, a natural byproduct of human and animal respiration, decaying organic matter, and combustion of wood, carbohydrates, and fossil fuels. At low densities, CO<sub>2</sub> is odorless and tasteless. However, its differential indoor concentration is a surrogate for certain air-quality metrics, particularly occupant perception of odorous bioeffluents (body odor) [8]. Not only does inadequate building ventilation promote excess moisture and mold, but elevated CO<sub>2</sub> increases complaints of stale air while impairing occupant productivity and decision-making.

In a groundbreaking controlled study [9], according to the Lawrence Berkeley National Laboratory, "On nine scales of decision-making performance, test subjects showed significant reductions on six of the scales at CO<sub>2</sub> levels of 1,000 parts per million (ppm) and large reductions on seven of the scales at 2,500 ppm. The most dramatic declines in performance, in which subjects were rated as 'dysfunctional,' were for taking initiative and thinking strategically" [10].

This research challenges conventional wisdom that  $CO_2$  concentrations of 5,000 ppm are acceptable occupational limits in the work environment. Imagine the impact on office workers, instructors, students, and medical professionals when critical cognitive and decision-making functions degrade. Although this study did not test learning ability versus  $CO_2$  concentration, it clearly demonstrated impaired cognitive and decision-making abilities, which could impact student reasoning and test scores. This is a wake-up call for educators globally, and warrants further research.

CO<sub>2</sub> Concentration Superior O 600 ppm 0 95% 1,000 ppm Ο 0 • 2,500 ppm Very Good 2 0 75% 0 0 © 2015 BUILDERA | www.buildera.com 0 0 Average C 50% С Marginal C 25% С 0 0 Dysfunctional Drientation nformation nformation Drientation Breadth of Jtilization Approach Focused nitiative Strategy Applied Actvitiy Actvitiy Actvitiv Basic Basic **Task** 

Impact of CO<sub>2</sub> On Human Decision Making Performance

Figure 1. Moderate to elevated levels of indoor CO<sub>2</sub> result in lower scores on six of nine scales of human decision-making performance (adapted from Satish et al. 2012) [9].

Not only does inadequate building ventilation promote excess moisture and mold, but elevated CO<sub>2</sub> increases complaints of stale air while impairing occupant productivity and decisionmaking.

www.MicroDAQ.com

Existing ventilation standards are typically minimum recommendations, and may not result in optimal air quality or cognitive function, particularly during peak occupancy.

### Energy Conservation vs. Indoor-Air Quality

Recent and emerging global building standards dictate tight building envelopes that purposely restrict outside-air infiltration in an effort to conserve energy and reduce carbon footprint. Ironically, these well-intentioned conservation measures compete with the need to reduce indoor-air pollutants, including volatile organic compounds (VOCs), tobacco smoke (where existing), carbon monoxide (CO), and CO<sub>2</sub> buildup from anthropogenic sources. Moreover, existing ventilation standards are typically minimum recommendations, and may not result in optimal air quality or cognitive function, particularly during peak occupancy.

Newer, modern structures rely increasingly on adaptive demand-controlled ventilation (DCV) that modulates air exchange according to real-time measurement of CO<sub>2</sub> concentration—a proxy for occupant load. When properly deployed and calibrated, auxiliary CO<sub>2</sub> loggers are useful throughout such DCV facilities to ensure that the ventilation system is working as intended, and to identify potential duct blockages or control-system issues.

#### Typical Candidates for Demand-Controlled Ventilation Testing

- Restaurants and bars
- · Lecture halls and schools
- Shopping malls and department stores
- · Conference centers and sports halls
- Reception halls, banking floors, airport check-in areas
- · Assembly halls, conference rooms, theaters, and cinemas
- · Hotels and residential buildings
- Other spaces with varying occupancy levels

Table 1. Demand-controlled ventilation (after Siemens) [11].

Unfortunately, most existing offices, schools, and smaller healthcare facilities do not enjoy such advanced ventilation technology. They rely instead on fixed mechanical systems and natural ventilation, blind to dynamic occupancy levels and other environmental factors. At certain times of the year, when inside-outside temperature differentials are large, windows may be shut to conserve energy, promoting high CO<sub>2</sub> concentration and trapping unhealthful indoor pollutants.

As a result, marginal or poor indoor-air quality is commonplace in conference rooms, auditoriums, school classrooms, healthcare facilities, and residential dwellings. Studies from around the world consistently document elevated indoor CO<sub>2</sub> concentrations ranging from under 1,000 ppm to extremes over 6,000 ppm [12-19]—far exceeding the threshold of cognitive dysfunction previously noted [9].

Moreover, venues where metabolic rates are high—such as gyms, fitness centers, and aerobic-workout rooms—frequently exceed acceptable standards. In a study of fitness centers in Lisbon, Portugal, 54% exceeded acceptable CO<sub>2</sub> limits in at least one or more rooms, with a peak concentration of 5,617 mg/m<sup>3</sup> (3,120 ppm)—more than twice the 2,250 mg/m<sup>3</sup> (1,250 ppm) limit value established by Portuguese legislation 353-A/2013 [20].

While fossil-fuel combustion and plant photosynthesis largely drive atmospheric CO<sub>2</sub> concentration, indoor CO<sub>2</sub> concentrations vary widely due to factors such as number of occupants, ventilation rate, air volume, unvented combustion, and organic decay from food and garbage [21-22]. Without proper ventilation, sickbuilding syndrome spreads.



#### Key Factors Affecting Indoor CO<sub>2</sub> Levels

- Number of occupants in a room or space
- Occupant activity level (metabolic rate)
- Amount of time occupants spent in the room
- Combustion (cooking, experiments using Bunsen burners)
- · Ventilation rate (exchanges per hour with fresh outside air)
- Outdoor CO<sub>2</sub> concentration

Table 2. Factors affecting indoor CO<sub>2</sub> levels.

## Carbon Dioxide (CO<sub>2</sub>) Hazard Scale

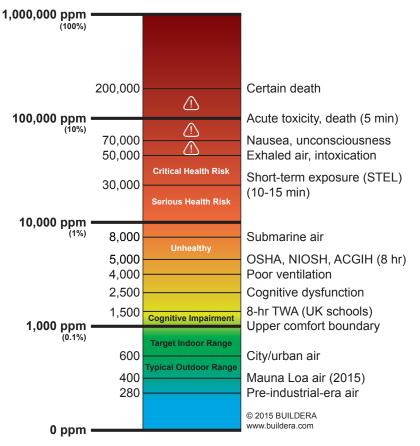


Figure 2. Carbon dioxide health hazard versus concentration.

### www.MicroDAQ.com



CO <sub>2</sub> Exposure Limits for Selected Countries						
Country	Agency/Standard	Maximum Level	Notes			
America (USA)	ASHRAE 62.1-2013 Appendix C	700 ppm above outside levels	This is a measure of occupant discomfort, not an absolute health guideline. The ASHRAE 1,000 ppm guideline has since been redacted.			
	Occupational Safety and Health Administration (OSHA)	5,000 ppm (PEL-TWA) 30,000 ppm (STEL) (CAL/OSHA)	TWA=Time-weighted over five 8-hour work day average for industrial environments			
	CDC/NIOSH	5,000 ppm (REL-TWA) 30,000 ppm (STEL) [15 min]	Non-narcotic central nervous system effects (eye flickering, psychomotor excitation, myoclonic twitching, headache, dizziness, dyspnea, sweating, restlessness)			
	ACGIH	5,000 ppm 30,000 ppm [15 min]				
Australia	Safe Work Australia; Workplace Exposure Standards for Airborne Contaminants (2011)	5,000 ppm (TWA) 30,000 ppm (STEL)	12,500 ppm TWA allowable in coal mines with 30,000 STEL			
Canada	Federal-Provincial Advisory Committee on Environmental and Occupational Health	3,500 ppm (ALTER)	Exposure guidelines for residential indoor-air quality			
Germany	Deutsche Forschungsgemeinschaft (DFG)	5,000 ppm (MAK)	8-hour work day average			
	DIN 1946-6 DIN 1946-2	1,000 ppm (recommended) 1,500 ppm (upper limit)	Recommended Outside Air: 30m³/h per person; Minimum 20m³/h per person			
Japan	Japan Society for Occupational Health (2004)	1,500 ppm				
New Zealand	Ministry of Business, Innovation and Employment	5,000 ppm (TWA) 30,000 ppm (STEL)	Workplace Exposure Standards and Biological Exposure Indices 7th Edition (2013)			
Sweden	Occupational Exposure Limit Values, AFS 2011:18	5,000 ppm (LLV) 10,000 ppm (STV)	Sweden sets a Short-Term Value (STV) 3x below most nations			
UK	Health and Safety Commission (HSE) – UK	5,000 ppm (LTEL) 15,000 ppm (STEL) [15 min]	Industrial environments per EH40/2005 Work- place Exposure Limits			
	UK Building Bulletin 101	1,500 ppm	School average levels for full day not to exceed (UK)			

Table 3. CO2 occupational exposure limits for select countries.

ALTER = Acceptable Long-Term Exposure Range (Canada), TLV<sup>®</sup> = Threshold Limit Value, REL = Recommended Exposure Level, PEL = Permissible Exposure Limit, TWA = Time-Weighted Average, STEL = Short-term Exposure Limit, C = Ceiling limit, LTEL = Long-term Exposure Limits, WEL = Workplace Exposure Limits, MAK = Max. Arbeitsplatz-Konzentration (Maximum Permissible Concentration) (Germany), ACGIH<sup>®</sup> = American Conference of Governmental Industrial Hygienists, OSHA = Occupational Safety and Health Administration.

> Table 3 compares acceptable  $CO_2$ -concentration thresholds established by ASHRAE and other global governments and standards bodies. In most cases, these figures do not factor in the most recent research correlating even modest  $CO_2$  levels with cognitive function. Conversely, these figures define levels at which human health may be impacted without regard to impairment of cognitive abilities or perception of poor indoor-air quality. Figures specifically exclude sensitive individuals who would benefit from even lower concentration levels. Furthermore, studies show strong correlation of even 100 ppm over outside air to be positively correlated to increased likelihood of sore/dry throats, wheezing, and other respiratory issues.

> When assessing indoor levels, it is important not only to measure absolute  $CO_2$  ratios, but also compare them to outdoor levels. Ventilation effectiveness relates to the difference between indoor and outdoor levels, whereas health considerations and cognitive function correlate both to overall ventilation, as well as the absolute  $CO_2$  levels present in a structure [23-24].

Air-quality concerns also exist for passenger airline cabins, which by their very nature, are subject to high occupant density in a confined space. A 2012 study of 83 flights and 4,306 passengers found that cabin  $CO_2$  levels ranged from 863 to 2,056 ppm [25]. While below the maximum occupational limits, interior levels above 1,000 ppm have now been shown to impair decision-making ability.

## **Relating CO<sub>2</sub> Concentration to Ventilation Rates**

Table 4 estimates internal carbon dioxide levels for a given ventilation rate per person [26]. Figures are based on sedentary metabolic rates and are considered minimum acceptable values.

Carbon Dioxide	Outside Air Per Person	CO <sub>2</sub> Differential (inside-outside)
800 ppm	20 cfm or less	400 ppm
1,000 ppm	15 cfm or less	600 ppm
1,400 ppm	10 cfm or less	1,000 ppm
2,400 ppm	5 cfm or less	2,000 ppm

Table 4. Adapted from Washington State University Extension Energy Program [26]. Figures are approximate based on a constant number of sedentary adult occupants, a constant ventilation rate, and an updated outdoor air  $CO_2$  concentration of 400 ppm (was 380 originally).

ASHRAE 62.2-2013 Ventilation and Acceptable Indoor Air Quality in Low-Rise Residential Buildings—the latest edition of the standard at the time of writing—does not establish CO<sub>2</sub> limits in low-rise residential buildings [27]. It does state, however, that minimum ventilation rates shall be:

 $Q_{tot} = 0.03A_{floor} + 7.5(N_{br} + 1)$ 

Where,

*Q*<sub>tot</sub> = total required ventilation rate, cfm

 $A_{floor}$  = floor area of residence, ft<sup>2</sup>

 $N_{br}$  = number of bedrooms (not to be less than 1)

Thus, a 2,500-ft<sup>2</sup> residence with four bedrooms would require at least 113 cfm of whole-building ventilation. Specific areas such as bathrooms and kitchens have a minimum additional demand-controlled ventilation of 100 cfm (50 L/s) and 50 cfm (25 L/s), respectively. Ventilation rates for multifamily buildings are slightly higher, and include a provision of 0.06 cfm per ft<sup>2</sup> (30 L/s per 100 m<sup>2</sup>) of floor area for common areas within the conditioned space.

However, these minimum levels may not be sufficient to keep  $CO_2$  levels to acceptable thresholds, particularly in high-occupancy facilities. Thus, the need to deploy data loggers carries more importance as facility managers and engineers pay attention to  $CO_2$  risks in their buildings.



### www.MicroDAQ.com

## European Harmonization of Ventilation Standards

In an effort to harmonize European ventilation standards, the Comité Européen de Normalisation (CEN) approved the European standard *EN 13779:2007 Ventilation for non-residential buildings – performance requirements for ventilation and room conditioning systems* [28]. An updated standard, prEN 16798-3:2014 is pending approval by CEN and will ultimately supersede EN 13779:2007. EN 15665 and CEN/TR 14788 cover performance of ventilation systems in residential buildings.

The following countries have agreed to adopt the new standards: Austria, Belgium, Bulgaria, Cyprus, Czech Republic, Denmark, Estonia, Finland, France, Germany, Greece, Hungary, Iceland, Ireland, Italy, Latvia, Lithuania, Luxembourg, Malta, Netherlands, Norway, Poland, Portugal, Romania, Slovakia, Slovenia, Spain, Sweden, Switzerland, and the United Kingdom.

Unlike typical fixed concentration limits, Table 5 illustrates how EN 13779 divides air quality into four qualitative tiers from High to Low. Each tier compares a range of acceptable indoor  $CO_2$  mixing ratios relative to prevailing outdoor levels. The effect of this method is that as outside  $CO_2$  levels continue to rise, the differential-level requirement remains constant.

Air Quality Category	CO <sup>2</sup> Level Above Outside Air	Absolute CO₂ Level OA=400 ppm	Perceived Indoor Air Quality (% dissatisfied)	Rate of Outside Air per person m³/h (cfm)
IDA 1 (High)	≤400	≤800	≤15	>54 (32 cfm)
IDA 2 (Medium)	400-600	800-1200	15-20	36-54 (21 – 32)
IDA 3 (Moderate)	600-1000	1000-1400	20-30	22-36 (13 -21)
IDA 4 (Low)	>1000	>1400	>30	<22 (13)

Table 5. EN 13779 Ventilation for non-residential buildings, 2004 and CR1752. Does not apply to rooms where smoking is permitted. Limited to human metabolism only. Assumes outdoor CO<sub>2</sub> concentration approximately 400 ppm. Adjustment may be required for urban areas due to higher average CO<sub>2</sub>.

#### Distributed By MicroDAQ, LLC 603-746-5524 www.MicroDAQ.com Choosing the Right CO<sub>2</sub> Data Logger

With user-programmable alarm notifications, a CO<sub>2</sub> data logger issues an audible alert and displays a visual warning on its LCD screen during a qualified trigger event, such as a CO<sub>2</sub> concentration that exceeds a healthy threshold.

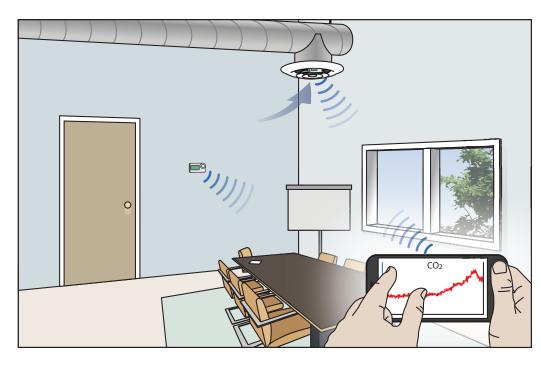
In light of the foregoing, CO<sub>2</sub> data loggers are an economical solution to detect and manage the risk of elevated CO2-essential to developing an abatement strategy that may include:

- · Improved mechanical ventilation and air flow
- Injection of fresh outdoor air via energy-efficient heat exchangers
- · Judicious use of operable windows
- · Ceiling fans to promote better air circulation
- Reduction or mitigation of internal CO<sub>2</sub>-producing sources

Yet, choosing the right logger can be daunting without first understanding key differentiators between available devices. Although many loggers today offer comparable measurement range and sensor accuracy, usability factors including connectivity options, alarming, battery life, and long-term calibration costs vary more widely.

#### **Bluetooth Capability**

Smart wireless technology provides unprecedented user benefits including efficient data collection, easy management with data sharing, and overall user-friendly operation. Leveraging today's latest advancements in low-power wireless communication, some CO<sub>2</sub> data loggers now incorporate Bluetooth Low Energy (BLE) technology that retrieves data and logger status faster and more conveniently than ever before—all using a modern mobile device, such as Apple® and Android® phones and tablets.



A BLE CO<sub>2</sub> data logger records and transmits wirelessly to mobile devices on demand, enabling users to access measurements from the logger remotely up to a 100-foot range (lineof-sight). By eliminating the requirement to log on to the Internet, pair devices, install computer software, or connect the logger to a computer for downloading data, building managers can streamline indoor-air-guality studies-decreasing the time and costs associated with CO<sub>2</sub> monitoring programs.

BLE solutions are particularly advantageous when deploying multiple CO<sub>2</sub>

data loggers inside buildings, or in hard-to-reach locations where physically downloading data from the logger would otherwise prove difficult. Ventilationsystem monitoring is one example where loggers may reside out-of-reach (to avoid tampering), or inside a return-air duct.

#### LCD Display with Alarm Notifications

Facility managers and building engineers should also look for a CO<sub>2</sub> data logger that features an LCD display with programmable alarm notifications.

An LCD display depicts current  $CO_2$  levels, logging status, battery use, memory consumption, and other parameters such as ambient temperature and relative humidity. Users with little time to waste appreciate the time-efficient benefit of working with a screen that is integrated and responsive.

With user-programmable alarm notifications, a  $CO_2$  data logger issues an audible alert and displays a visual warning on its LCD screen during a qualified trigger event, such as a  $CO_2$  concentration that exceeds a healthy threshold.

When evaluating CO<sub>2</sub> data loggers with this feature, look for options that provide both audible and display-based alarm notifications so that building managers remain alert to problems as they occur, aiding efficient corrective action.

#### **Six-Month Battery Life**

Long battery life is an important factor to consider when comparing  $CO_2$  data loggers.

While many products on the market run for a short time on battery power—or require an expensive proprietary battery—options are now available that allow up to six-months of continuous logging at five-minute intervals using standard alkaline or lithium AA batteries. Selecting a  $CO_2$  data logger with extended battery life, users benefit from the flexibility, increased spatial coverage, and the ability to set up  $CO_2$  monitoring in locations where no AC power exists, such as in—or near—HVAC return-air ducts.

#### **Integrated USB**

When choosing a  $CO_2$  data logger, USB support is another key factor. USB ports improve flexibility of data access and analysis. Through a USB port, users may connect a  $CO_2$  data logger directly to a computer running graphing and analysis software, enabling quick

plotting, comparison, and data extraction. This information visually reinforces presentations and recommendations with a compelling engineering foundation.

A USB port also offers the advantage of greater power versatility, supporting a wider range of application scenarios. Specifically, this includes the use of an off-the-shelf USB charger to power the  $CO_2$  data logger for longer deployments. Optionally, when faster sampling rates/alarm responses are required, the USB port is a handy remote-power option for uninterrupted 24/7 operation when using a recirculating memory cache.



www.MicroDAQ.com



#### **Easy Calibration Without Special Gases**

Depending on the sensor design, the transmitter and detector can drift over time, causing long-term errors and under-reporting of actual CO<sub>2</sub> concentrations. When assessing calibration and operating costs, aim for products that offer both manual and automatic calibration methods, as well as elevation/altitude compensation. The sensor subsystem inside most  $CO_2$  loggers requires periodic calibration to a known reference and careful placement to avoid erroneous results. Some of the most advanced devices also include automatic temperature and dynamic pressure compensation, but are typically less common on midrange products.

Many commercial  $CO_2$  loggers—including the Onset<sup>®</sup> MX1102  $CO_2$  Logger with BLE technology—use maintenance-free non-dispersive infrared (NDIR) sensing technology shown in Figure 3. This consists of a gas chamber, IR source transmitter, optical filter, and IR detector. The detection wavelength is tuned to measure the concentration of  $CO_2$  molecules to a reasonable degree of precision. Depending on the sensor design, the transmitter and detector can drift over time, causing long-term errors and under-reporting of actual  $CO_2$  concentrations [29]. While optimal calibration methods require calibrated gas concentrations and sealed test chambers, this is not cost effective or practical for maintenance personnel, particularly where a large number of devices may be operating.

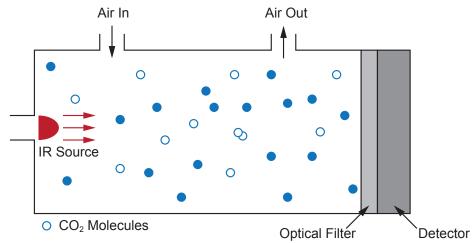


Figure 3. NDIR Sensor (adapted from CO2Meter.com) [28].

In lieu of calibrating with specialized gases, engineers have developed manual and automated calibration algorithms to improve accuracy for typical CO<sub>2</sub> logging applications, while keeping operating and maintenance costs to a minimum [30-32].

www.MicroDAQ.com

Distributed By MicroDAQ, LLC 603-746-5524 Discussion of Calibration Options and Differential Measurements

#### **Manual Calibration**

In the manual calibration mode, the user calibrates the logger outdoors, using exterior  $CO_2$  concentration as a calibration baseline. As of the time of writing, most loggers adopt 400 ppm as the outdoor reference concentration, which is based on normalized data from global atmospheric observatories, such as Mauna Loa in Hawaii.

However, diurnal and monthly variations of 50 to over 200 ppm in urban  $CO_2$  concentration [33-44] can cause potential calibration errors depending on the time of day the initial calibration occurs. For example, the Institute of Environmental Science and Meteorology (UP-Diliman, Philippines) recorded urban  $CO_2$  levels ranging between approximately 425 to 625 ppm over a two-week period during May 2015. At no point did the outside levels ever return to 400 ppm, with average levels approximately 475 ppm [43] (www.iesm.upd.edu. ph/wp-content/uploads/2015/01/IESMCO2Weekly-700x350.png). Thus, reliance on manual calibration alone may not always lead to the most accurate absolute  $CO_2$  measurements, particularly in populous urban areas with heavy traffic and industrial pollution.

## CO<sub>2</sub> Logging Over 14-Day Period

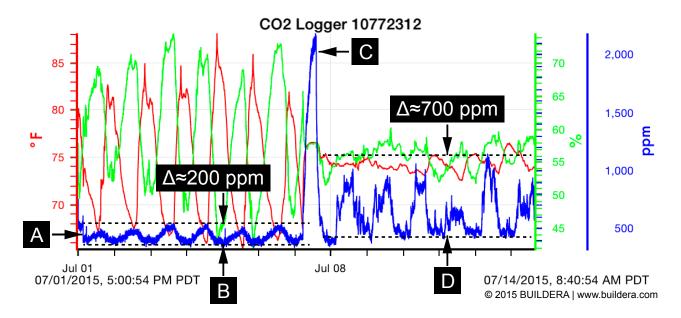


Figure 4. iPhone plot from Onset MX1102 Bluetooth logger documents temperature, humidity, and  $CO_2$  concentration between July 1, 2015 and July 14, 2015 in the San Francisco Bay Area of California. [A] shows the initial baseline correction to 400 ppm on July 1, 2015 after first manual outdoor calibration. [B] sinusoidal variation in  $CO_2$  represents outdoor diurnal concentration variation with approximately 200-ppm peak-to-peak variation between late afternoon (min) and early morning (max), attributed to  $CO_2$  absorption from photosynthesis. [C] step-increase to unhealthy 2,178-ppm peak is indoor measurement of room within a multi-family dwelling with four occupants, windows closed. [D] shows improvement in worst-case peak-to-peak  $CO_2$  concentration of approximately 700 ppm for same dwelling upon opening a window to provide natural ventilation. Sampling interval: 1 minute.

#### Automatic Baseline Calibration (ABC)

Failure to set the correct elevation could result in CO<sub>2</sub>-concentration errors of 1-50% or more, depending on the elevation. The automatic baseline calibration (ABC) method assumes that, during a given 7.5 to 8-day stretch, there are periods where few or no building occupants are present. Thus, the internal levels will return to equilibrium with outdoor concentrations approximating 400 ppm. Upon detecting minimum levels, the logger computes a new baseline under the assumption that the minimum value (without occupants) is 400 ppm. This iterative method works well in many offices or school classrooms where occupancy approaches zero overnight, or on weekends and holidays. Pre-programmed air purges during periods of non-occupancy also help to reduce residual  $CO_2$  to ensure that interior levels approximate outdoor levels. However, automatic calibration is not suitable in a hospital, hotel, or other public space subjected to continuous presence of personnel and visitors. A quality logger allows the user to select which calibration modes are most appropriate for the situation.

#### **Altitude Compensation**

As gas pressure declines exponentially versus elevation, fewer  $CO_2$  molecules enter the fixed NDIR-sensor chamber at higher altitudes, despite the relatively constant 400 ppm  $CO_2$ -concentration ratio in the troposphere. Failure to set the correct elevation could result in  $CO_2$ -concentration errors of 1-50% or more, depending on the elevation. Note that altitude compensation provides a more coarse correction and does not compensate for dynamic fluctuations in ambient pressure that change rapidly, such as during storms or high winds.

#### **Differential Measurements Improve Relative Accuracy**

To reduce the impact of calibration errors, deploying a differential measurement setup with two or more  $CO_2$  loggers can help. Differential measurements are also the best indicator of ventilation performance and additive  $CO_2$  from internal sources. In this configuration, one logger remains outdoors in a suitably protected area with free airflow (ideally protected from direct solar radiation), while the remaining loggers reside indoors. By subtracting time-stamped outdoor readings from inside readings, common-mode calibration errors largely cancel. This assumes that the initial manual calibrations were performed concurrently in the same outdoor location. During the initial calibration process—but prior to final placement—allow all loggers to stabilize outdoors for at least 30-60 minutes. Next, initialize the manual calibration procedure on each logger. All loggers should read approximately 400 ppm in the same outdoor location. The loggers are then ready for final installation in their target locations.

www.MicroDAQ.com

### **Mounting Recommendations**

Carbon dioxide is more than 60% denser than air, and tends to settle at first near the bottom of the floor. This could lead to distorted readings if the logger is placed too low on a wall. Over time, however, diffusion will occur and the total volume of air should contain similar concentrations of CO<sub>2</sub>. Table 6 summarizes

recommended mounting practices depending on the measurement objective. For example, when monitoring (and alarming) storage areas with compressed  $CO_2$ , 18 inches (45 cm) off the floor captures initial leaks due to its higher density.

For typical IAQ measurements as shown in Figure 5, mount the logger in the breathing zone, approximately 48-72 inches (122-183 cm) vertically above the floor surface—several feet away from occupants where exhalation could alter the localized CO<sub>2</sub> concentration. Stay at least 36 inches (91 cm) away from any corner, 24 inches (61 cm) from an open doorway, and well away from operable windows, outside doors, and vents.

Some manufacturers recommend mounting the loggers inside the return-air duct in the rooms of interest, assuming such a duct exists. This is more practical in commercial buildings versus residential units, as the latter typically have no more than one centralized air return.

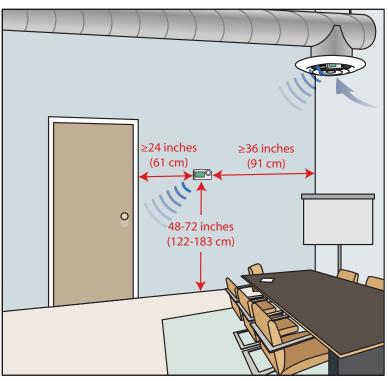


Figure 5. Typical IAQ CO2 data logger mounting locations.

#### Summary of CO<sub>2</sub> Logger Mounting Recommendations [45-47]

- 48-72 inches (122-183 cm) above floor for IAQ measurements near return-air duct if possible
- 12-18 inches (30-45 cm) from floor for compressed CO2 storage applications
- ≥36 inches (91 cm) from any corner
- ≥ 24 inches (61 cm) from any open doorway
- Do not mount in these locations:
- Interior side of exterior walls
- Near fixed or operable windows
- · In areas with poor circulation, such as behind doors or alcoves
- Near combustion equipment
- · Areas exposed to direct breathing, such as near water coolers or coffee machines

Table 6. Recommended CO<sub>2</sub> logger mounting tips. Adapted from [45-47].

CO<sub>2</sub> data loggers provide a cost-effective method to assess indoor air quality, helping to eliminate sick-building syndrome and harmful pollutants typical of tight and poorly ventilated structures.

### Conclusion

 $CO_2$  concentration is a key indicator of indoor-air quality and ventilation effectiveness in offices, schools, healthcare facilities, dwellings, and any enclosed space subject to variable occupancy. Elevated  $CO_2$  more than 600-700 ppm above outdoor levels warrants special focus on ventilation function and emission sources. Although many existing global standards stipulate maximum daily average exposure limits up to 5,000 ppm, research shows that cognitive impairment and perception of poor air quality commence at 1,000 ppm (absolute), or 600-700 ppm (differential) over outside levels. Keeping  $CO_2$  levels in check typically helps to reduce other pollutants due to engineering focus on improved ventilation.

Facility managers and building engineers have a responsibility to ensure compliance with all laws, as well as commitment to recommended best practices, which frequently go well beyond minimum requirements set forth in building codes and ventilation standards.

When selecting a  $CO_2$  logger, evaluate overall specifications, as well as wireless compatibility with Bluetooth-enabled mobile devices, integrated display and alarms, long battery life, flexible USB connectivity, and automatic and manual calibration modes. Quality  $CO_2$  data loggers provide a cost-effective method to assess indoor  $CO_2$  concentration levels, helping to eliminate sick-building syndrome and harmful pollutants typical of tight and poorly ventilated structures.

## References

- M.G. Apte, W.M. Fisk, and J.M. Daisey, Indoor Carbon Dioxide Concentration and SBS in Office Workers, Indoor Environment Department, Lawrence Berkeley National Laboratory. Proceedings of the Healthy Buildings 2000 Conference, Helsinki, Finland, Vol. 1, LBNL-45109, 2000.
- Y. El-Nahhal, Alcohol-like Syndrome: Influence of Increased CO<sub>2</sub> Concentrations in the Respiration Air, Journal of Environmental and Earth Science, Vol. 3, No. 9, 2013.
- J. Toftum, B.U. Kjeldsen, P. Wargocki, H.R. Mená, E.M.N. Hansen, and G. Clausen, Association between classroom ventilation mode and learning outcome in Danish schools, Building and Environment, Vol. 92, 2015.
- 4. P. Martins, A. Mendes, A.L. Papoila, and D. Virella, CO<sub>2</sub> Concentration in day care centres is related to wheezing in attending children, European Journal of Pediatrics, March 2014.
- J. Tahirali, Poor Air Quality in Toronto Schools Could Impair Learning Environment, CTV News 3 Feb 2015. www.toronto.ctvnews.ca/poor-air-quality-in-toronto-schools-could-impair-learningenvironment-1.2219342
- ASHRAE 62.1-2013, Ventilation for Acceptable Indoor Air Quality, American Society of Heating, Refrigerating, and Air-Conditioning Engineers, 2013.
- 7. Questions About Your Community: Indoor Air, United States Environmental Protection Agency (EPA), 13 Sep 2015, Web. www.epa.gov/region1/communities/indoorair.html
- 8. S. Petty, Summary of ASHRAE'S Position on Carbon Dioxide (CO<sub>2</sub>) Levels in Spaces, Energy & Environmental Solutions, Inc. www.eesinc.cc/downloads/CO2positionpaper.pdf
- U. Satish, J.J. Mendell, K. Shekhar, T. Hotchi, D. Sullivan, S. Streufer, and W.J. Fisk, Is CO<sub>2</sub> an Indoor Pollutant? Direct Effects of Low-to-Moderate CO<sub>2</sub> Concentrations on Human Decision-Making Performance, Environmental Health Perspectives, Vol. 120, No. 12, December 2012.
- J. Chao, Elevated Indoor Carbon Dioxide Impairs Decision-Making Performance, News Center, US Department of Energy, Berkeley Lab, 17 October 2012. Web. newscenter.lbl.gov/2012/10/17/ elevated-indoor-carbon-dioxide-impairs-decision-making-performance/
- 11. Siemens, Demand-controlled ventilation control strategy and applications for energy-efficient operation. www.siemens.com/bt/file?soi=A6V10239072
- S.J. Nabinger, A.K. Persilly, W.S. Dole, A Study of Ventilation and Carbon Dioxide in an Office Building, ASHRAE Transactions, Vol. 100, No. 2, 1994.
- H. Daisuke, Y. Kanazawa, I. Morioka, and K. Matsumoto, Indoor Air Quality of Tottori University Lecture Rooms and Measures for Decreasing Carbon Dioxide Concentrations, Yonago Acta Medica, Vol. 52, No. 2, pp. 77-84, June 2009.
- P.V. Dorizas, M.N. Assimakopoulos, C. Helmis, and M. Santamouris, Analysis of the Indoor Air Quality in Greek Primary Schools, Proceedings of the 34th AIVC - 3rd TightVent - 2nd Cool Roofs' - 1st venticool Conference, 25-26 September, Athens, Greece 2013
- M.O. Fadey, K. Alkhaja, M.B. Sulayem, and B. Abu-Hijleh, Evaluation of indoor environmental quality conditions in elementary schools' classrooms in the United Arab Emirates, Frontiers of Architectural Research, 2014.

- 16. V. Turanjanin, B. Vučićevicć, M. Jovanović, N. Mirkov, and I. Lazović, "Indoor CO<sub>2</sub> measurements in Serbian schools and ventilation rate, Elsevier, November 2014.
- A. Mendes, S. Bonassi, L. Aguiar, C. Pereira, P. Neves, S. Silva, D. Mendes, L Guimarães, R. Moroni, and J.P. Teixeira, Indoor air quality and thermal comfort in elderly care centers, Elsevier, 15 July 2014.
- K. Gladyszwska-Fiedoruk and D.A. Krawczyk, Indoor Air Quality in Small Doctor's Offices in Poland, Integrated Building Design, Central Europe Towards Sustainable Building, 2013.
- 19. M. Santamouris, K. Argiroudis, M. Georgious, K. Pavlou, M. Assimakopoulos, and K. Sfakianaki,
- Indoor Air Quality in Fifty Residences in Athens, Int. Journal of Ventilation, Vol. 5, No 4, March 2007. 20. C.A. Ramos, H.T. Wolterbeek, and S.M. Almeida, Exposure to indoor air pollutants during physical
- activity in fitness centers, Building and Environment 82, 2014. 21. Carbon Dioxide, Minnesota Department of Health, 17 Feb 2015.
- Carbon Dioxide, Minnesota Department of Health, 17 Feb 2015.
  ELLIKE, Eluke 075 Air Meter: Environmentel Carbon Dioxide Apoly
- FLUKE, Fluke 975 Air Meter: Environmental Carbon Dioxide Analysis, Fluke Application Note www.fluke.com/fluke/sgen/community/fluke-news-plus/articlecategories/hvac/co2%20analysis
   ACURAE Technical FAO ID 25. What is the allowable level of each or dioxide in accounted and analysis
- ASHRAE Technical FAQ ID 35, What is the allowable level of carbon dioxide in an occupied space? https://www.ashrae.org/File%20Library/docLib/Technology/FAQs2014/TC-04-03-FAQ-35.pdf
- ASTM D6245-12, Standard Guide for Using Indoor Carbon Dioxide Concentrations to Evaluate Indoor Air Quality and Ventilation, ASTM International, Retrieved Jun 15, 2015 DOI 10.1520/D6245-12.
- J.D. Spengler, J. Vallarino, E. McNeely, and H. Estephan, In-Flight/Onboard Monitoring: ACER's Component for ASHRAE 1262, Part 2, National Air Transportation Center of Excellence for Research in the Intermodal Transport Environment (RITE), April 2012, Report No. RITE-ACER-CoE-2012-6.
- 26. R. Prill, Why Measure Carbon Dioxide Inside Buildings?, Washington State University Extension Energy Program, 2000, WSUEEP07-003. www.energy.wsu.edu/Documents/CO2inbuildings.pdf
- ASHRAE 62.2-2013, Ventilation and Acceptable Indoor Air Quality in Low-Rise Residential Buildings, Ventilation for Acceptable Indoor Air Quality, American Society of Heating, Refrigerating, and Air-Conditioning Engineers, 2013.
- CEN Standard EN 13779-2007, Ventilation for nonresidential buildings—Performance requirements for ventilation and room conditioning systems, Comité Européen de Normalisation, 2007.
- 29. How Does an NDIR CO<sub>2</sub> Sensor Work? CO2Meter.com 01 May 2012, Web. www.co2meter.com/ blogs/news/6010192-how-does-an-ndir-co2-sensor-work
- The AirTest Self Calibration CO<sub>2</sub> Sensor Algorithm Explained, AirTest Technologies Inc., BC Canada www.airtest.com/support/reference/autocalpaper.pdf
- CO<sub>2</sub> Sensor Calibration: What You Need to Know, CO2Meter.com, 15 March 2013, Web. www.co2meter.com/blogs/news/7512282-co2-sensor-calibration-what-you-need-to-know
- S. Ellis and G. Lowitz, Onset Computer Corporation / Buildera, email communications, July 2015.
  X. Huang, T. Wang, R. Talbot, M. Xie, H. Mao, S. Li, B Zhuang, X. Yang, C. Fu, J. Zhu, X. Huang,
- and R. Xu, Temporal characteristics of atmospheric CO<sub>2</sub> in urban Nanjing, China, Atmospheric Research 150, 2015.
- 34. J.K. Eom, K.S. Lee, D.S. Moon, D. Park, and K.Y. Yang, Investigating activity patterns and time spent for exposure assessment of College buildings in Korea, Procedia Computer Science 32, 2014.
- J. Chylková, T. Brunclík, I. Oberšálová, K. Asare, B. Danquah, and R. Šelešovská, Possible Causes of Elevated Ambient CO<sub>2</sub> Concentration in the City of Pardubice and its surroundings, WSEAS Transactions on Environment and Development.
- M.S. Park, S.J. Joo, and C.S. Lee, Effects of an Urban Park and Residential Area on the Atmospheric Concentration and Flux in Seoul, Korea, Advanced in Atmospheric Sciences, Vol. 30, No 2, 2013.
- N. Visser, Global Carbon Dioxide Levels Topped 400 PPM Through March in Unprecedented Milestone, The Huffington Post, 6 May 2015. www.huffingtonpost.com/2015/05/06/carbon-dioxide-400-ppm\_n\_7224088.html
- D. Hsueh, K.L. Griffin, and W.R. McGillis, New York City's Urban Dome: Past and Present CO<sub>2</sub> Concentration Patterns from an Urban to Rural Gradient, American Geophysical Union, Fall Meeting 2010, abstract #A13F-0284, December 2010.
- C. Zhu and H. Yoshikawa-Inoue, Seven years of observational atmospheric CO<sub>2</sub> at a maritime site in northernmost Japan and its implications, Science of the Total Environment 524, April 2015.
- L. Varone and L. Gratani, Atmospheric carbon dioxide concentration variations in Rome: relationship with traffic level and urban park size, Urban Ecosystems 17 (2), May 2014.
- K. George, L.H. Ziska, J.A. Bunce, and B. Quebedeaux, Elevated atmospheric CO<sub>2</sub> concentration and temperature across an urban-rural transect, Atmospheric Environment, Vol. 41, Issue 35, November 2007.
- 42. E. Velasco, S. Pressley, E. Allwine, A. Westberg, and B. Lamb, Measurements of CO<sub>2</sub> fluxes from the Mexico City urban landscape, Atmospheric Environment 39, 2005.
- R. Macatangay, Real-Time PM 2.5 and Weekly CO<sub>2</sub> Concentrations, Institute of Environmental Science & Meteorology, University of the Philippines, Diliman, May 2015.
- Climate Change Scenarios for the San Francisco Region, Scripps Institution of Oceanography, University of California San Diego, July 2012, CEC-500-2012-042.
- CO<sub>2</sub> Sensor Location: Where to Mount Your CO<sub>2</sub> IAQ Monitor, CO2Meter.com 15 May 2012. Web. www.co2meter.com/blogs/news/6056206-co2-sensor-location-where-to-mount-your-co2-iaq-monitor
- CO<sub>2</sub> and Space Temperature Sensors Installation Instructions, Carrier Corporation Form 33ZC-12SI, 2004. dms.hvacpartners.com/docs/1005/public/0d/33zc-12si.pdf
- HOBO<sup>®</sup> MX CO<sub>2</sub> Data Logger (MX1102) Manual, Onset Computer Corp, 2015. http://www. onsetcomp.com/products/data-loggers/mx1102

www.MicroDAQ.com

## **About the Author**

Greg Lowitz is the founder and CEO of Buildera—a global provider of structural forensics systems, environmental data logging, and product evaluation services for professionals and property owners. He holds Bachelor's and Master's degrees in electrical engineering from Stanford University. A PDF of the original application note is available for download from the Buildera website at: http://www.buildera.com



## **About Onset**

Onset is a world leader in data loggers. Our HOBO data logger products are used around the world in a broad range of monitoring applications, from verifying the performance of green buildings and renewable energy systems to agricultural and coastal research.

Based on Cape Cod, Massachusetts, Onset has been designing and manufacturing its HOBO data loggers on site since the company's founding in 1981.



Sales (8am to 5pm ET, Monday through Friday)

Email sales@onsetcomp.com

- Call 508-759-9500
- In US call toll free 800-564-4377
- Fax 508-759-9100

Technical Support (8am to 8pm ET, Monday through Friday) Email loggerhelp@onsetcomp.com

- Call 508-759-9500
- In US call toll free 877-564-4377

Onset Computer Corporation 470 MacArthur Blvd. Bourne, MA 02532

### Other informational resources available from Onset:

#### Choosing a Temperature Data Logger

This paper provides guidance on features to consider when choosing a temperature data logger, including accuracy requirements, data access needs, software packages, and power requirements. It also includes real-world application examples illustrating how users have incorporated portable data loggers into their temperature monitoring projects.

Whether you are an experienced data logger user or just getting started, this guide can help you choose the ideal temperature logger for your application.

## Choosing an Occupancy and Light On/Off Data Logger – 5 Important Considerations

This paper provides guidance on features to consider when choosing an occupancy and light on/off data logger, including calibration, LCD display, logger accuracy and range, speed of deployment, and time-saving software. Learn how to select the right logger for identifying ideal locations in your building where changes in lighting could result in cost savings up to 80%.

## Utility Incentive Programs: How to Get More Money Quickly and Easily

"Utility Incentive Programs: How to Get More Money Quickly and Easily," is aimed at making the process of applying for and receiving energy efficiency incentives and rebates faster, easier, and more rewarding. Authored by Carbon Lighthouse, an energy firm that makes it profitable for commercial and industrial buildings to eliminate their carbon footprint, the paper discusses the two main types of incentive and rebate programs, how utility efficiency program managers think, and how to use data to get more incentive dollars for your projects.

## Using Data Loggers to Improve Chilled Water Plant Efficiency

Chilled water plant efficiency refers to the total electrical energy it takes to produce and distribute a ton (12,000 BTU) of cooling. System design, water quality, maintenance routines, cooling tower design, and cooling coil load all affect chiller water plant efficiency and the expense of operating the system.

#### Facility Manager's Guide to Data Logging

The energy required to operate buildings in the United States is the largest sector of our energy use and represents about 40% of U.S. energy demand. Measuring building performance can help facility staff better manage this energy use. The focus of this best practices guide is on monitoring strategies and techniques that can be utilized by building professionals looking to reduce energy use and optimize performance of their facilities.

#### **Data Logger Basics**

In today's data-driven world of satellite uplinks, wireless networks, and the Internet, it is common to hear the terms "data logging" and "data loggers" and not really have a firm grasp of what they are.

Most people have a vague idea that data logging involves electronically collecting information about the status of something in the environment, such as temperature, relative humidity, or energy use. They're right, but that's just a small view of what data logging is.

## Monitoring Green Roof Performance with Weather Stations

Data logging weather stations are the ideal tools for documenting green roof performance. A weather station can measure weather parameters such as rainfall, stormwater runoff, temperature, relative humidity, wind speed, solar radiation, and a host of nonweather parameters such as soil moisture on a continuous basis (say every five minutes, hourly, or an interval appropriate to the situation).

#### Addressing Comfort Complaints With Data Loggers

This paper offers facility managers, HVAC contractors, and others with valuable tips on how low-cost data loggers can be used to validate temperature-related comfort complaints.

#### Using Data Loggers Beyond Equipment Scheduling

While data loggers are a great tool for identifying equipmentscheduling opportunities in buildings, their usefulness far exceeds just that one function. This paper discusses how the use of inexpensive data loggers and some spreadsheet analysis can provide all the evidence needed to make powerful buildingspecific cases for saving money by replacing failed air-handler economizers. It also describes how information from data loggers can be used to accurately calculate the energy savings that can be realized from variable frequency drives (VFDs) on pumps and fans, supply air resets, and boiler lockouts.

## Analyzing Air Handling Unit Efficiency with Data Loggers

Operating a heating, ventilation and air conditioning (HVAC) system at optimum efficiency in a commercial setting is complicated, to say the least. There is a very real chance that any number of setpoints, levels, and feedbacks at boilers, chillers, pumps, fans, air delivery components and more can cause costly inefficiencies.

### Access our full resources library at: www.onsetcomp.com/learning

Copyright © 2015, Onset Computer Corporation. All information in this document is subject to change without notice. Onset and HOBO are registered trademarks of Onset Computer Corporation. All other trademarks are the property of their respective owners. All rights reserved. Printed in the USA. Lit. No. MKT1126-1015